

Spiritual Warfare

Full Armor of God

Lesson 08

Armed for Battle Breastplate of Righteousness

Ephesians 6:10-18

06 July 2014

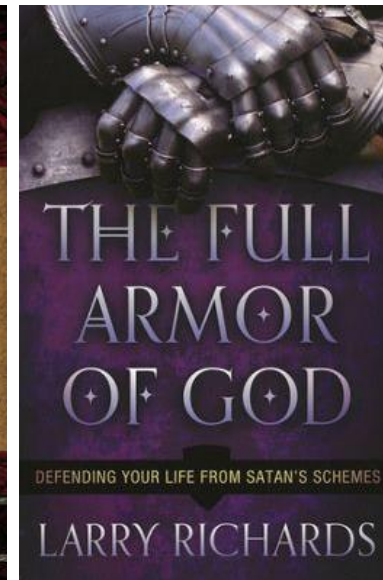
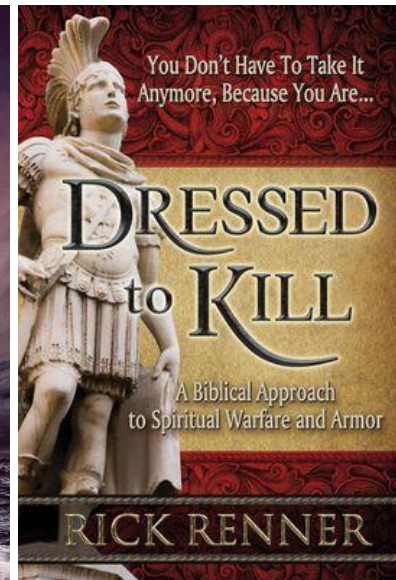
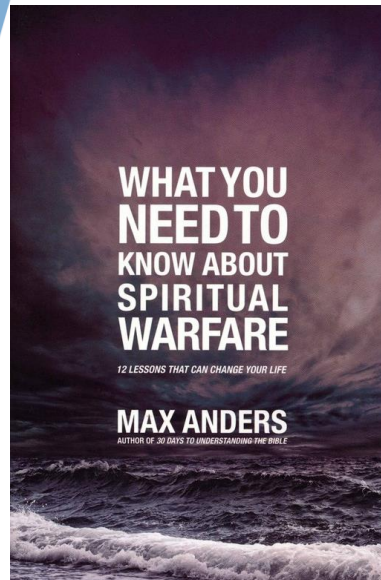
Philip Giorgio



Sojourners Sunday School Class

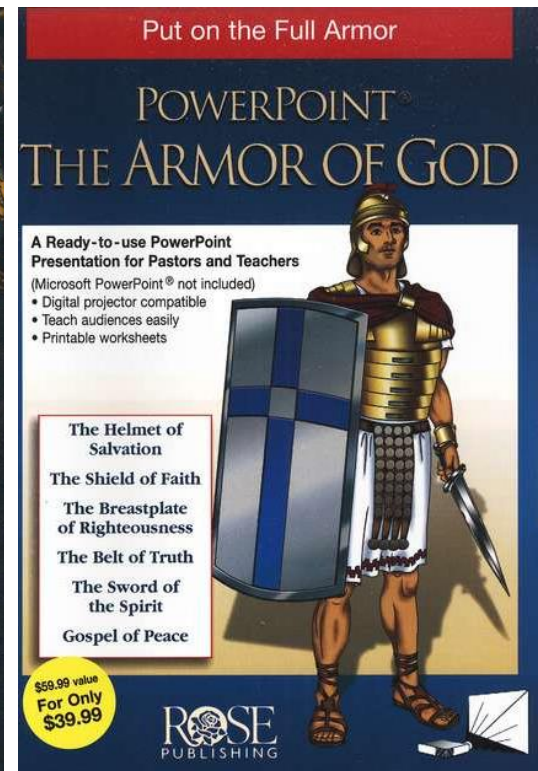
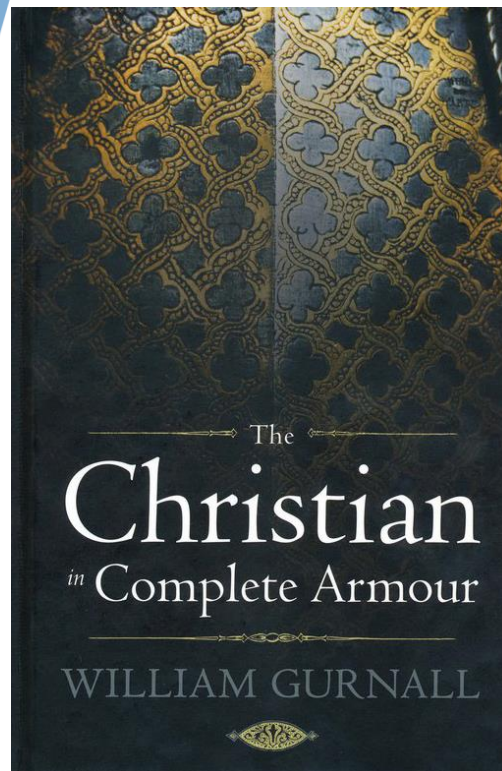


References





References



SPIRITUAL

WARFARE

The
WHOLE
ARMOR
of GOD

"PUT ON THE
FULL
ARMOR
OF GOD..."

- EPHESIANS 6:11



JOSE
PUBLISHING

SPIRITUAL WARFARE

ARE YOU READY FOR BATTLE?



Course Outline

Course Outline - Lessons

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 01: Prepare for Battle: BACKGROUND INFORMATION
- Lesson 02: Nature of the Battle: SPIRITUAL WARFARE
- Lesson 03: The Battlefield: THE INVISIBLE WAR
- Lesson 04: Strategic Planning: BE STRONG IN THE LORD
- Lesson 05: Enemy Tactics: SCHEMES OF THE DEVIL
- Lesson 06: Engagement: WRESTLING WITH THE ENEMY
- Lesson 07: Armed for Battle: BELT OF TRUTH
- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS
- Lesson 09: Armed for Battle: SHOES OF PEACE
- Lesson 10: Armed for Battle: SHIELD OF FAITH
- Lesson 11: Armed for Battle: HELMET OF SALVATION
- Lesson 12: Armed for Battle: SWORD OF THE SPIRIT
- Lesson 13: Sustained C³I: PRAYING ALWAYS

Course Outline - Lessons

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 01: Prepare for Battle: BACKGROUND INFORMATION
- Lesson 02: Nature of the Battle: SPIRITUAL WARFARE
- Lesson 03: The Battlefield: THE INVISIBLE WAR
- Lesson 04: Strategic Planning: BE STRONG IN THE LORD
- Lesson 05: Enemy Tactics: SCHEMES OF THE DEVIL
- Lesson 06: Engagement: WRESTLING WITH THE ENEMY
- Lesson 07: Armed for Battle: BELT OF TRUTH
- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS
- Lesson 09: Armed for Battle: SHOES OF PEACE
- Lesson 10: Armed for Battle: SHIELD OF FAITH
- Lesson 11: Armed for Battle: HELMET OF SALVATION
- Lesson 12: Armed for Battle: SWORD OF THE SPIRIT
- Lesson 13: Sustained C³I: PRAYING ALWAYS



Lesson Outline

Lesson 08 - Outline

▪ Spiritual Warfare: Full Armor of God

• Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS

✓ SCRIPTURAL CONTEXT

- Main Scripture Text - [Ephesians 6:10-18](#)

✓ THE HEART OF THE MATTER

- Breastplate of Righteousness - [IDIOM EXPLAINED](#)
- The Great Exchange - [RIGHTEOUSNESS FOR SIN](#)
- Guard Your Heart - [SPIRITUAL HEART ATTACKS](#)





Armed for Battle:

BREASTPLATE OF RIGHTEOUSNESS

Scriptural Context

Lesson 08 - Outline

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS

✓ **SCRIPTURAL CONTEXT**

 - Main Scripture Text - **Ephesians 6:10-18**

✓ **THE HEART OF THE MATTER**

- Breastplate of Righteousness - IDIOM EXPLAINED
- The Great Exchange - RIGHTEOUSNESS FOR SIN
- Guard Your Heart - SPIRITUAL HEART ATTACKS



Main Scriptural Text: The Whole Armor of God

THE WHOLE ARMOR OF GOD

EPHESIANS 6:10-18

¹⁰ Finally, my brethren, be strong in the Lord and in the power of His might. ¹¹ Put on the whole armor of God, that you may be able to stand against the wiles of the devil. ¹² For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. ¹⁴ Stand therefore, having girded your waist with truth, **having put on the breastplate of righteousness**, ¹⁵ and having shod your feet with the preparation of the gospel of peace; ¹⁶ above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. ¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God; ¹⁸ praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints— ... NKJV

Spiritual Warfare --- Review

Armor Elements & Spiritual Truth

ELEMENT	RESOURCE	NT REFERENCE
Defensive	Belt	TRUTH
	Breastplate	RIGHTEOUSNESS
	Shoes	GOSPEL OF PEACE
	Shield	FAITH
	Helmet	SALVATION
	Sword	THE SPIRIT
Comms Gear	PRAYING ALWAYS	2 THESSALONIANS 1:11-12

- First Five Armor Elements represent defensive capability
- Sixth Armor Element represents offensive capability
- Seventh Armor Element represents our continued planning, monitoring and control capabilities.
 - Command, Control, Communications & Intelligence [C³I]

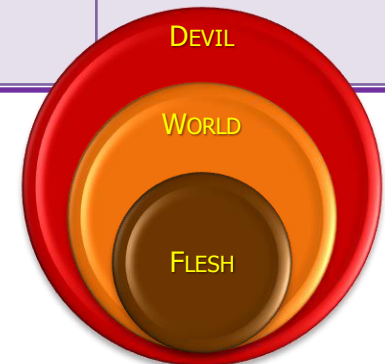


Spiritual Warfare --- Review

- **Conflict: Three Battle Fronts**

FRONT	DESCRIPTION	REFERENCES
FLESH	THE PERSONAL BATTLE FRONT Our sin nature – inherited from Adam	Romans 8
WORLD	THE SOCIAL BATTLE FRONT Corrupt value system of the world ... Lust of the flesh, lust of the eyes, & pride of life	1 John 2:15-17
DEVIL	THE SUPERNATURAL BATTLE FRONT Satan and his allies attempt to thwart God's will for you, by using both the Personal (Flesh) and Social (World) Battle Front .	1 Peter 5:5-11

- **Conclusion:** Eternal Bliss *versus* Eternal Torment



Spiritual Warfare --- Review

• Our Strategic Plan: Be Strong in the Lord

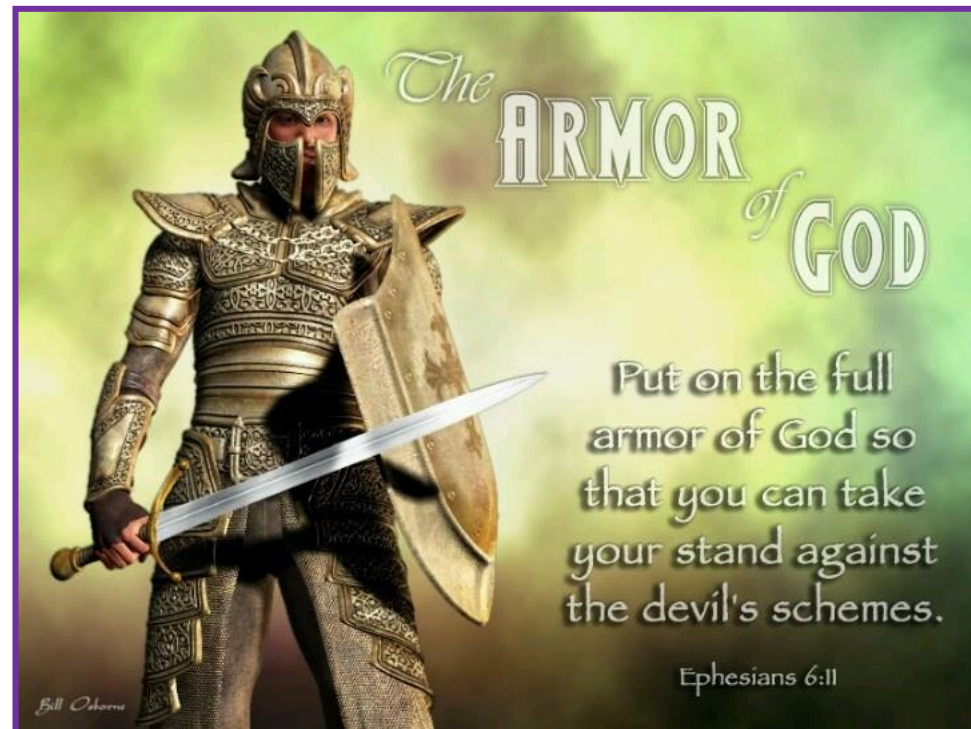
- Rely on the strength of the Lord
✓ *Not our own strength*
- Rely on the power of the Lord
✓ *Not our own power*
- Our victory is assured
✓ *IF we rely on the Lord*
- “Put on” and “Take up”
✓ The full armor of God

10 Finally, my brethren, be strong in **the Lord** and in the power of **His might**.

--- Ephesians 6:10 ... NKJV

▪ Enemy Tactics:

- Deceit
- *“Be not deceived”*



Ephesians 6:11

Spiritual Warfare --- Review

- Belt of Truth ... What is Truth?

- Jesus is the Answer

- John 14:6

- John 8:31-32

⁶ **Jesus** said to him, "I am the way, **the truth**, and the life. No one comes to the Father except through Me.

--- John 14:6 ... NKJV

- "All Truth is God's Truth"

- God's Answer ...

- Holy Spirit - *Spirit of Truth*

- John 14:15-18

- John 16:12-14

¹⁴ Stand therefore, **having girded your waist with truth**,
... --- Ephesians 6:14a ... NKJV





Armed for Battle:

BREASTPLATE OF RIGHTEOUSNESS

The Heart of the Matter

Lesson 08 - Outline

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS

✓ **SCRIPTURAL CONTEXT**

- Main Scripture Text - **Ephesians 6:10-18**

✓ **THE HEART OF THE MATTER**

- ➡ - Breastplate of Righteousness - **IDIOM EXPLAINED**
- The Great Exchange - **RIGHTEOUSNESS FOR SIN**
- Guard Your Heart - **SPIRITUAL HEART ATTACKS**

Breastplate of Righteousness - Idiom Explained

¹⁴ Stand therefore, having girded your waist with truth,
having put on the breastplate of righteousness, --- Ephesians 6:14 ... NKJV

- Having put on...
 - Notice the tense
 - Before you stand you must have already put on the breastplate of righteousness.
- The Breastplate of Righteousness
 - Protects the soldier's heart and all the vital organs.
 - Penetration of the breastplate meant almost certain death.



Breastplate of Righteousness - Idiom Explained

¹⁴ Stand therefore, having girded your waist with truth, **having put on the breastplate of righteousness**, --- Ephesians 6:14 ... NKJV

- Description of Armor
- There are 2 Types of Breastplates

- The first type of breastplate was fashioned by joining several broad, curved metal bands together using leather thongs.



- The second type of breastplate was a type of chain mail, constructed by linking small metal rings together until they formed a vest.

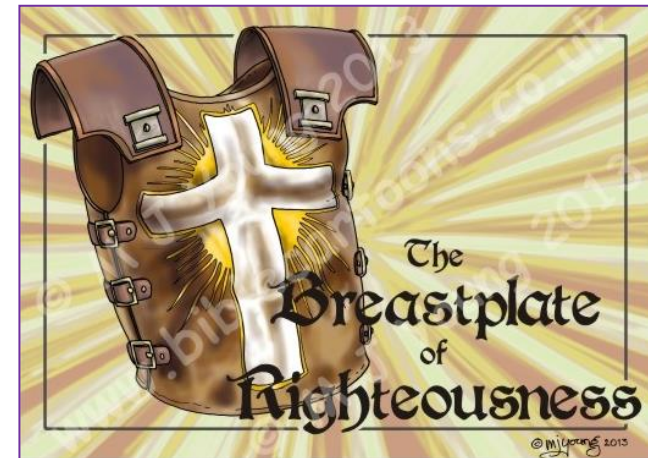


Breastplate of Righteousness - Idiom Explained

¹⁴ Stand therefore, having girded your waist with truth,
having put on the breastplate of righteousness, --- Ephesians 6:14 ... NKJV

- Application

- Righteousness is needed to guard the believer's heart
- Righteousness is God's righteousness - not man's.
 - Righteousness is not something you can gain by doing good deeds.
 - It comes from faith in Jesus Christ.
 - Titus 3:5-7
 - Philippians 3:9
 - Galatians 2:20-21



Breastplate of Righteousness - Idiom Explained

¹⁴ Stand therefore, having girded your waist with truth, **having put on the breastplate of righteousness**, --- Ephesians 6:14 ... NKJV

- Application

- Righteousness is needed to guard the believer's heart
- Righteousness is God's righteousness - not man's.
 - Righteousness is not something you can gain by doing good deeds.
 - It comes from faith in Jesus Christ.
 - **Titus 3:5-7**
 - Philippians 3:9
 - Galatians 2:20-21

⁵ **not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit,** ⁶ whom He poured out on us abundantly through Jesus Christ our Savior, ⁷ that having been justified by His grace we should become heirs according to the hope of eternal life.

--- Titus 3:5-7 ... NKJV

Breastplate of Righteousness - Idiom Explained

¹⁴ Stand therefore, having girded your waist with truth,
having put on the breastplate of righteousness, --- Ephesians 6:14 ... NKJV

- Application

- Righteousness is needed to guard the believer's heart
- Righteousness is God's righteousness - not man's.
 - Righteousness is not something you can gain by doing good deeds.
 - It comes from faith in Jesus Christ.
 - Titus 3:5-7
 - **Philippians 3:8-9**
 - Galatians 2:20-21

⁸ Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ ⁹ and be found in Him, **not having my own righteousness,** which *is* from the law, but that which *is* through faith in Christ, the **righteousness which is from God by faith;**
--- Philippians 3:8-9 ... NKJV

Breastplate of Righteousness - Idiom Explained

¹⁴ Stand therefore, having girded your waist with truth,
having put on the breastplate of righteousness, --- Ephesians 6:14 ... NKJV

- Application

- Righteousness is needed to guard the believer's heart
- Righteousness is God's righteousness - not man's.
 - Righteousness is not something you can gain by doing good deeds.
 - It comes from faith in Jesus Christ.
 - Titus 3:5-7
 - Philippians 3:8-9
 - **Galatians 2:20-21**

²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. ²¹ **I do not set aside the grace of God; for if righteousness comes through the law, then Christ died in vain."**
--- Galatians 2:20-21 ... NKJV

Lesson 08 - Outline

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS

✓ **SCRIPTURAL CONTEXT**

- Main Scripture Text - **Ephesians 6:10-18**

✓ **THE HEART OF THE MATTER**

- Breastplate of Righteousness - **IDIOM EXPLAINED**
-  - The Great Exchange - **RIGHTEOUSNESS FOR SIN**
- Guard Your Heart - **SPIRITUAL HEART ATTACKS**

The Great Exchange - Righteousness to Sin

- **Be Reconciled to God**



- **God has made Christ to be Sin**
 - Because of this act of God
 - **We become the Righteousness of God in Christ**
 - 2 Corinthians 5:20-21

²⁰ Now then, we are ambassadors for Christ, as though God were pleading through us: we implore *you* on Christ's behalf, **be reconciled to God**. ²¹ For He made Him who knew no sin *to be* sin for us, that we might become the righteousness of God in Him.

--- 2 Corinthians 5:20-21 ... NKJV

Be Reconciled to God

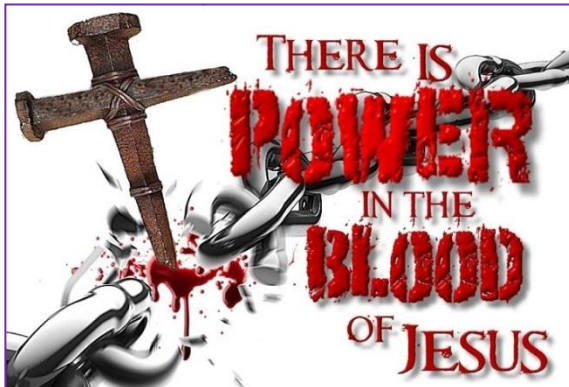
The Great Exchange - Righteousness to Sin

- Be Reconciled to God



- Justified by Christ's Blood

- Romans 5:8-11



⁸ But God **demonstrates** His own love toward us, in that while we were still sinners, Christ died for us. ⁹ Much more then, having now been **justified by His blood**, we shall be saved from wrath through Him. ¹⁰ For if when we were enemies we were **reconciled to God** through the death of His Son, much more, having been **reconciled**, we shall be saved by His life. ¹¹ And not only *that*, but we also rejoice in God through our Lord Jesus Christ, **through whom we have now received the reconciliation.**

--- Romans 5:8-11 ... NKJV

- What is Righteousness?

<http://christianity.about.com/od/glossary/a/Righteousness.htm>

- 24 who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for **righteousness**—by whose stripes you were healed. 25 For you were like sheep going astray, but have now **returned** to the Shepherd and Overseer of your souls.

--- 1 Peter 2:24-25 ... NKJV



The Great Exchange - Righteousness to Sin

• Definitions

• What is Sin?

Anything that separates us from God

- 1 John 5:16-17
- 1 John 3:7-9



¹⁶ If anyone sees his brother sinning a sin *which does not lead* to death, he will ask, and He will give him life for those who commit sin not *leading* to death. There is sin *leading* to death. I do not say that he should pray about that. ¹⁷ **All unrighteousness is sin**, and there is sin not *leading* to death.

--- 1 John 5:16-17 ... NKJV

The Great Exchange - Righteousness to Sin

• Definitions

• What is Sin?

Anything that separates us from God

- 1 John 5:16-17
- 1 John 3:7-8



⁷ Little children, let no one deceive you. He who practices righteousness is righteous, just as He is righteous. ⁸ He who **sins** is of the devil, for the devil has **sinned** from the beginning. For this purpose the Son of God was manifested, that He might destroy the works of the devil.

--- 1 John 3:7-8 ... NKJV

Lesson 08 - Outline

▪ Spiritual Warfare: Full Armor of God

- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS

✓ SCRIPTURAL CONTEXT

- Main Scripture Text - **Ephesians 6:10-18**

✓ THE HEART OF THE MATTER

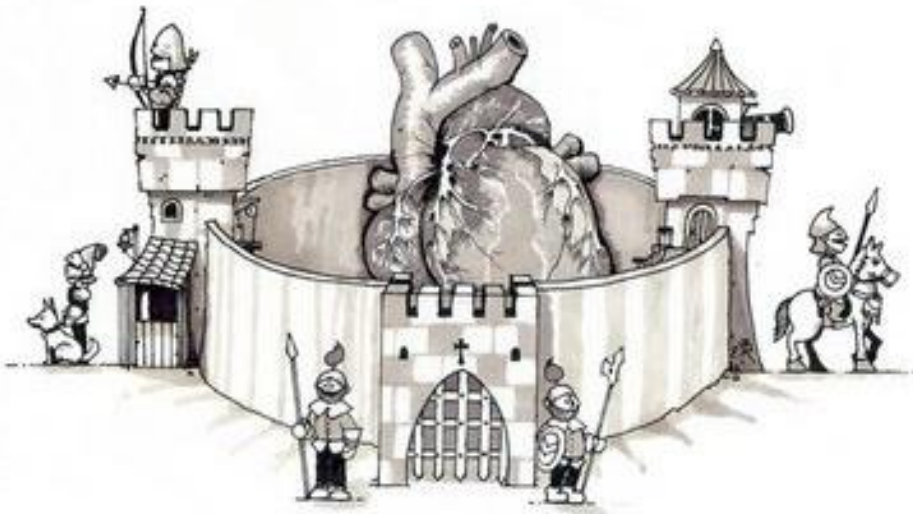
- Breastplate of Righteousness - **IDIOM EXPLAINED**
- The Great Exchange - **RIGHTEOUSNESS FOR SIN**

-  - Guard Your Heart - **SPIRITUAL HEART ATTACKS**

Guard Your Heart - Spiritual Heart Attacks

- Guard Your Hearts

- **Philippians 4:6-7**
- Proverbs 4:23
- Hebrews 3:12-15



⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will **guard your hearts** and minds through Christ Jesus.

--- Philippians 4:6-7 ... NKJV

Guard Your Heart - Spiritual Heart Attacks

- Guard Your Hearts
 - Philippians 4:6-7
 - **Proverbs 4:23**
 - Hebrews 3:12-15



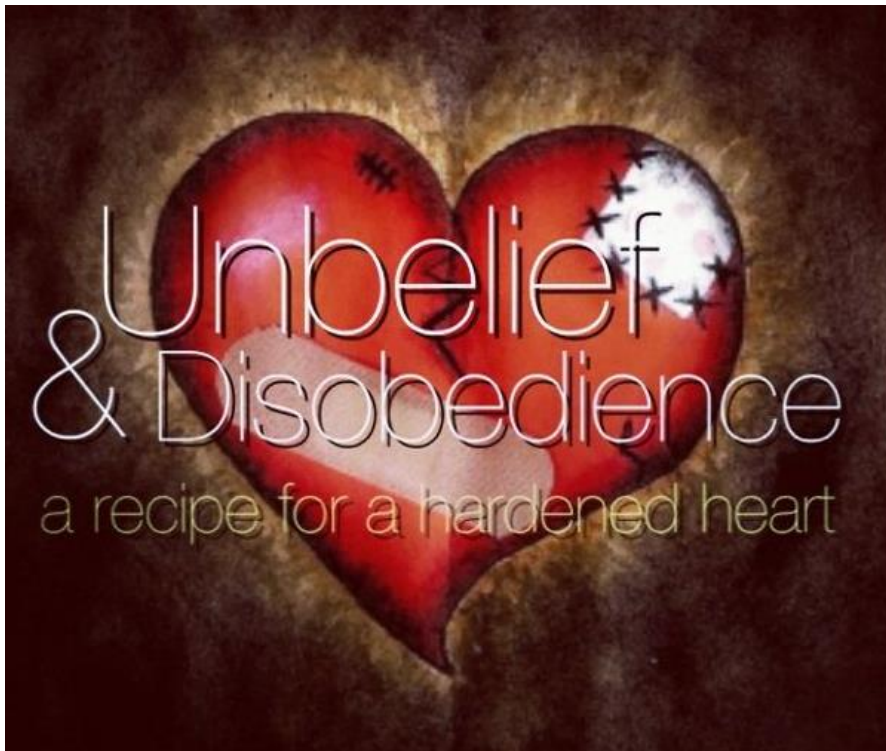
23 **Keep your heart with all diligence,**
For out of it *spring* the
issues of life.

--- Proverbs 4:23 ... NKJV

Guard Your Heart - Spiritual Heart Attacks

- Guard Your Hearts

- Philippians 4:6-7
- Proverbs 4:23
- **Hebrews 3:12-15**

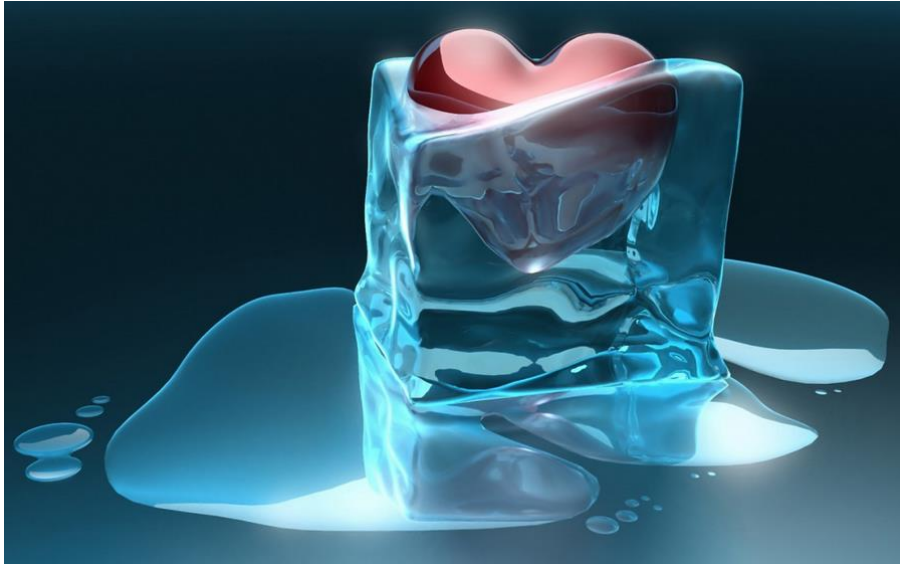


¹² Beware, brethren, lest there be in any of you an **evil heart of unbelief** in departing from the living God; ¹³ but exhort one another daily, while it is called "Today," lest any of you be **hardened** through the deceitfulness of sin. ¹⁴ For we have become partakers of Christ if we hold the beginning of our confidence steadfast to the end, ¹⁵ while it is said: **"Today, if you will hear His voice, Do not harden your hearts as in the rebellion."**

--- Proverbs 4:23 ... NKJV

Guard Your Heart - Spiritual Heart Attacks

- **Same Sun that Melts the Ice Will Harden the Clay**



Guard Your Heart - Spiritual Heart Attacks

- Lay up Your Treasures in Heaven

**WHERE DO YOU HAVE YOUR
LAY-AWAY PLAN???**

**Where your
treasure is,
there will your
heart be also**

Matthew 6:21

YOUR GREATEST STEWARDSHIP – BAR NONE!

¹⁹ “Do not lay up for yourselves **treasures** on earth, where moth and rust destroy and where thieves break in and steal; ²⁰ but lay up for yourselves **treasures** in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.²¹ For where your **treasure** is, there your **heart** will be also.

--- Matthew 6:19-21 ... NKJV

The Great Exchange

*He made Him who knew no sin
to be sin on our behalf, so that we
might become the righteousness of
God in Him. 2 Corinthians 5:21*





Armed for Battle: SHOES OF PEACE

Next Week's Lesson

Next Week's Lesson

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 01: Prepare for Battle: BACKGROUND INFORMATION
- Lesson 02: Nature of the Battle: SPIRITUAL WARFARE
- Lesson 03: The Battlefield: THE INVISIBLE WAR
- Lesson 04: Strategic Planning: BE STRONG IN THE LORD
- Lesson 05: Enemy Tactics: SCHEMES OF THE DEVIL
- Lesson 06: Engagement: WRESTLING WITH THE ENEMY
- Lesson 07: Armed for Battle: BELT OF TRUTH
- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS
- Lesson 09: Armed for Battle: SHOES OF PEACE
- Lesson 10: Armed for Battle: SHIELD OF FAITH
- Lesson 11: Armed for Battle: HELMET OF SALVATION
- Lesson 12: Armed for Battle: SWORD OF THE SPIRIT
- Lesson 13: Sustained C³I: PRAYING ALWAYS

