

Spiritual Warfare

Full Armor of God

Lesson 06

Engagement Wrestling with the Enemy

Ephesians 6:10-18

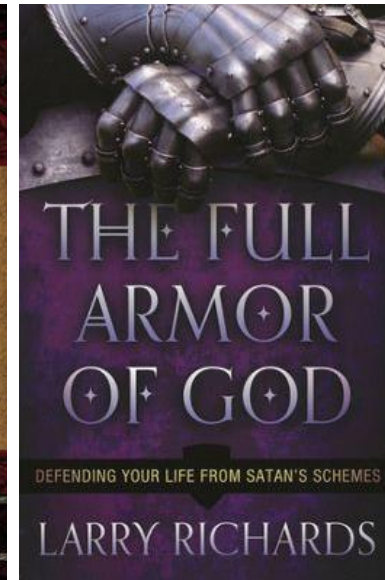
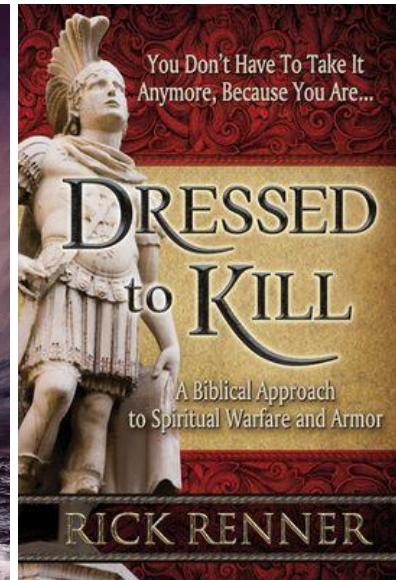
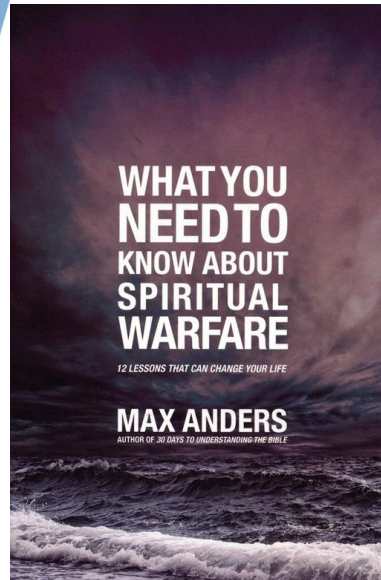
Philip Giorgio

Sojourners Sunday School Class



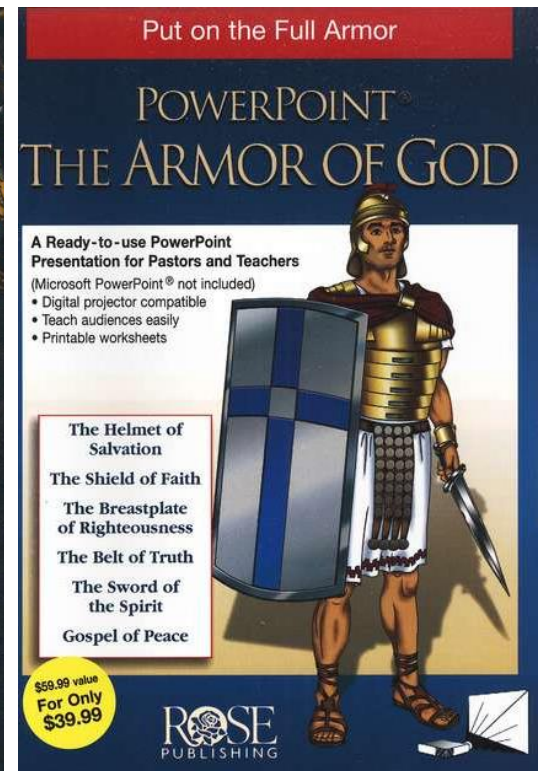
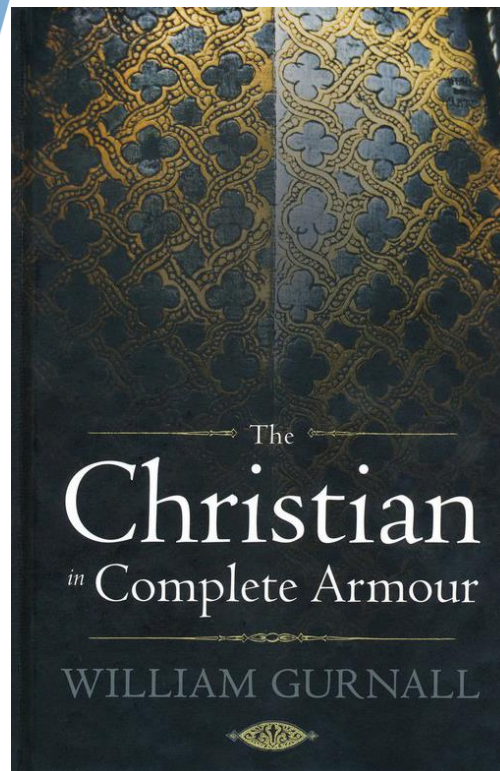


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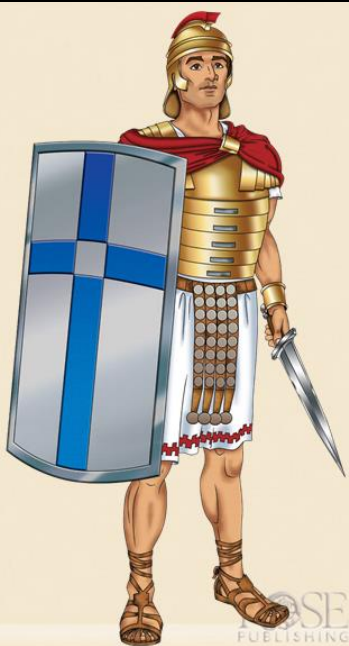
SPIRITUAL

WARFARE

The
WHOLE
ARMOR
of GOD

"PUT ON THE
FULL
ARMOR
OF GOD..."

- EPHESIANS 6:11



JOSE
PUBLISHING

SPIRITUAL WARFARE

ARE YOU READY FOR BATTLE?



Course Outline

Course Outline - Lessons

▪ **Spiritual Warfare: Full Armor of God**

- Lesson 01: Prepare for Battle: BACKGROUND INFORMATION
- Lesson 02: Nature of the Battle: SPIRITUAL WARFARE
- Lesson 03: The Battlefield: THE INVISIBLE WAR
- Lesson 04: Strategic Planning: BE STRONG IN THE LORD
- Lesson 05: Enemy Tactics: SCHEMES OF THE DEVIL
- Lesson 06: Engagement: WRESTLING WITH THE ENEMY
- Lesson 07: Armed for Battle: BELT OF TRUTH
- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS
- Lesson 09: Armed for Battle: SHOES OF PEACE
- Lesson 10: Armed for Battle: SHIELD OF FAITH
- Lesson 11: Armed for Battle: HELMET OF SALVATION
- Lesson 12: Armed for Battle: SWORD OF THE SPIRIT
- Lesson 13: Sustained C³I: PRAYING ALWAYS

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Lesson Outline

Lesson 06 - Outline

▪ **Spiritual Warfare: Full Armor of God**

- **Lesson 06: Engagement: WRESTLING WITH THE ENEMY**

- ✓ **SCRIPTURAL CONTEXT**

- Main Scripture Text - **Ephesians 6:10-18**

- ✓ **FIGHTING UP CLOSE AND PERSONAL**

- Wrestling - **HAND TO HAND COMBAT**
- Jesus Our Victorious Example - **THE TEMPTATIONS OF CHRIST**
- Training for Battle - **PREPARE FOR VICTORY**



Engagement:

WRESTLING WITH THE ENEMY

Scriptural Context

Lesson 06 - Outline

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Main Scriptural Text: The Whole Armor of God

THE WHOLE ARMOR OF GOD

EPHESIANS 6:10-18

¹⁰ Finally, my brethren, be strong in the Lord and in the power of His might. ¹¹ Put on the whole armor of God, that you may be able to stand against the wiles of the devil. ¹² For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. ¹⁴ Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, ¹⁵ and having shod your feet with the preparation of the gospel of peace; ¹⁶ above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. ¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God; ¹⁸ praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints— ... NKJV

Spiritual Warfare --- Review

Armor Elements & Spiritual Truth

| ELEMENT | | RESOURCE | NT REFERENCE |
|-----------|-------------------|-----------------|-------------------------|
| Defensive | Belt | TRUTH | JOHN 14:6 |
| | Breastplate | RIGHTEOUSNESS | 2 CORINTHIANS 5:21 |
| | Shoes | GOSPEL OF PEACE | PHILIPPIANS 4:6-8 |
| | Shield | FAITH | GALATIANS 2:20 |
| | Helmet | SALVATION | ACT 4:12 |
| | Sword | THE SPIRIT | HEBREWS 4:12 |
| | <i>Comms Gear</i> | PRAYING ALWAYS | 2 THESSALONIANS 1:11-12 |

- First Five Armor Elements represent defensive capability
- Sixth Armor Element represents offensive capability
- Seventh Armor Element represents our continued planning, monitoring and control capabilities.
 - Command, Control, Communications & Intelligence [C³I]

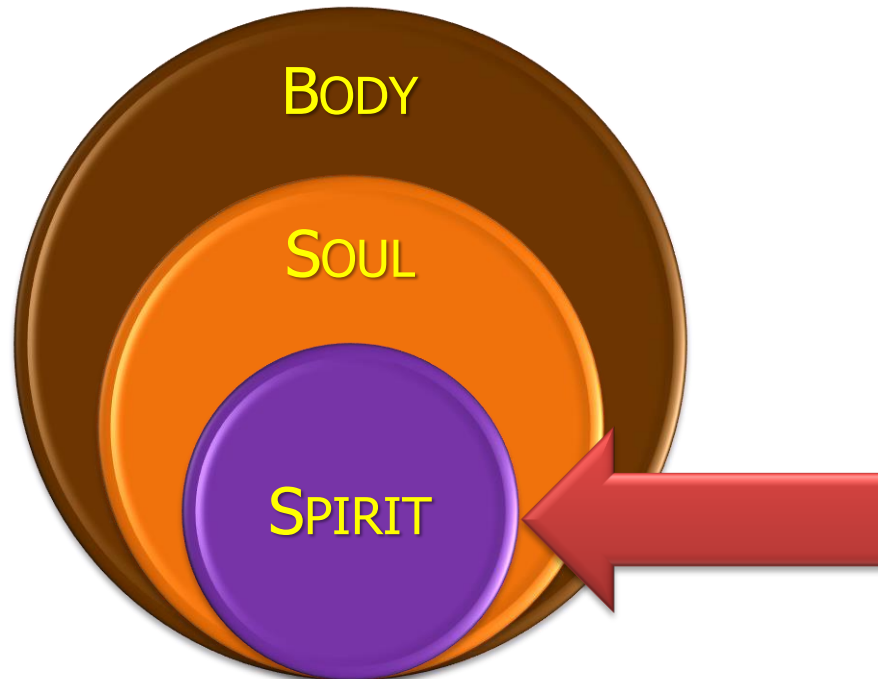


Spiritual Warfare --- Review

- **Category:** We are Engaged in a Spiritual War

| War Item | Spiritual | Carnal | Reference |
|---------------|-----------|--------|---|
| Weapons | ✓ | | 2 Corinthians 10:3-5 |
| Adversary | ✓ | | Ephesians 6:12; Colossians 2:15; 1 Peter 5:8-9 |
| Armor (God's) | ✓ | | Ephesians 6:11,13; John 4:24 |

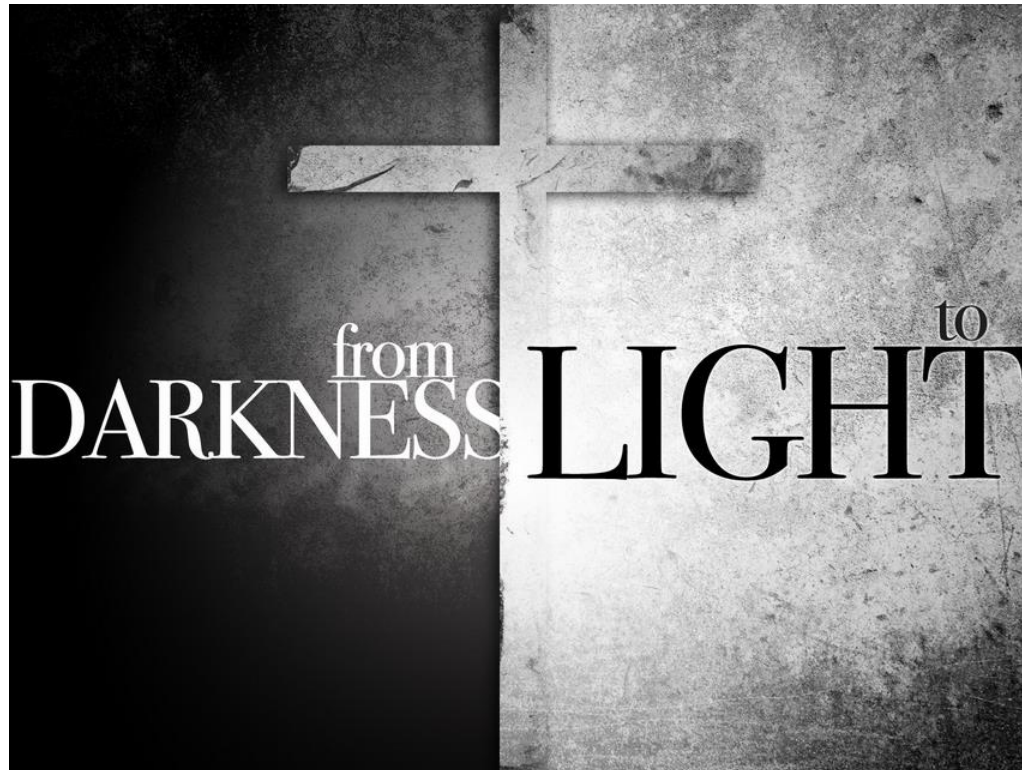
- Nature of Man
 - Tri-Partite



Spiritual Warfare --- Review

- **Combatants: Two Kingdoms: Light versus Darkness**

| Kingdom | Combatants |
|----------|---|
| LIGHT | Trinity, Holy Angels, Saints of all Ages |
| DARKNESS | Unholy Trinity, Fallen Angels, Unredeemed |

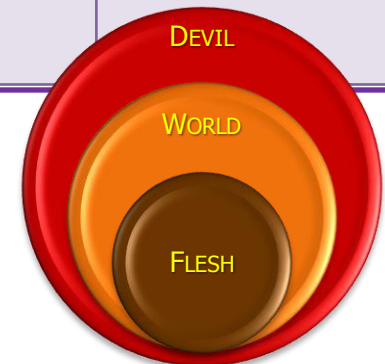


Spiritual Warfare --- Review

- **Conflict: Three Battle Fronts**

| FRONT | DESCRIPTION | REFERENCES |
|-------|--|----------------|
| FLESH | THE PERSONAL BATTLE FRONT Our sin nature – inherited from Adam | Romans 8 |
| WORLD | THE SOCIAL BATTLE FRONT Corrupt value system of the world ... Lust of the flesh, lust of the eyes, & pride of life | 1 John 2:15-17 |
| DEVIL | THE SUPERNATURAL BATTLE FRONT Satan and his allies attempt to thwart God's will for you, by using both the Personal (Flesh) and Social (World) Battle Front . | 1 Peter 5:5-11 |

- **Conclusion:** Eternal Bliss *versus* Eternal Torment



Spiritual Warfare --- Review

• Our Strategic Plan: Be Strong in the Lord

- Rely on the strength of the Lord
✓ *Not our own strength*
- Rely on the power of the Lord
✓ *Not our own power*
- Our victory is assured
✓ *IF we relay on the Lord*

- “Put on” and “Take up”
✓ The full armor of God

10 Finally, my brethren, be strong in **the Lord** and in the power of **His might**.

--- Ephesians 6:10 ... NKJV

▪ Enemy Tactics:

- Deceit
- *“Be not deceived”*





Engagement:

WRESTLING WITH THE ENEMY

Fighting Up Close and Personal

Lesson 06 - Outline

▪ **Spiritual Warfare: Full Armor of God**

- **Lesson 06: Engagement: WRESTLING WITH THE ENEMY**

- ✓ **SCRIPTURAL CONTEXT**

- Main Scripture Text - **Ephesians 6:10-18**

- ✓ **FIGHTING UP CLOSE AND PERSONAL**



- **Wrestling** - **HAND TO HAND COMBAT**
- Jesus Our Victorious Example - **THE TEMPTATIONS OF CHRIST**
- Training for Battle - **PREPARE FOR VICTORY**

Wrestling: Hand to Hand Combat

- “Wrestle”

- Greek ... *pale*
- Refers to ...

- Struggling
- Wrestling
- Hand-to-hand fighting

- **Palaestra** *noun* \pə-'les-trə\
 - Derived from the Greek *pale*
 - Famous house of combat sports including **wrestling**
 - **Wrestling** was
 - A very bloody sport
 - Extremely violent
 - Often to the death
 - No holds barred

10 Finally, my brethren, be strong in the Lord and in the power of His might. **11** Put on the whole armor of God, that you may be able to stand against the wiles of the devil. **12** For we do not **wrestle** against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*.

13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

--- Ephesians 6:10-13 ... NKJV

Wrestling: Hand to Hand Combat

- “Wrestle”
 - By using the Greek word *pale*
 - Paul conveys the idea of a **bitter struggle** or **intense conflict**
 - Paul describes our warfare with the Devil and his minions as a **combat sport** similar to those fought in the ancient **Palaestra**.

- There are no rules
 - Anything goes
 - You better be equipped
 - You better be alert
 - You better be prepared

10 Finally, my brethren, be strong in the Lord and in the power of His might. **11** Put on the whole armor of God, that you may be able to stand against the wiles of the devil. **12** For we do not **wrestle** against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*.

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--- Ephesians 6:10-13 ... NKJV

Wrestling: Hand to Hand Combat

- “against”
 - Greek *pros*
 - Refers to **a forward position** or **a face-to-face encounter**
 - Same word used in **John 1:1** to describe the preincarnate relationship between the Father and Jesus.

1 In the beginning was the Word, and the Word was **with** God, and the Word was God. --- **John 1:1 ... NKJV**

1 In the beginning was the Word, and the Word was **face-to-face with** God, and the Word was God.
--- **John 1:1 ... Equivalent Translation**

10 Finally, my brethren, be strong in the Lord and in the power of His might. **11** Put on the whole armor of God, that you may be able to stand against the wiles of the devil. **12** For we do not **wrestle against** flesh and blood, but **against** principalities, **against** powers, **against** the rulers of the darkness of this age, **against** spiritual *hosts* of wickedness in the heavenly *places*.

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--- **Ephesians 6:10-13 ... NKJV**

Wrestling: Hand to Hand Combat

• Angelic Ranks of Evil

- Principalities
- Powers
- Rulers of darkness of this age
- Spiritual hosts of wickedness in the heavenly places

¹⁹ and what *is* the exceeding greatness of His power toward us who believe, according to the working of His mighty power ²⁰ which He worked in Christ when He raised Him from the dead and **seated Him at His right hand in the heavenly places**, ²¹ far above all **principality** and **power** and **might** and **dominion**, and every name that is named, not only in this age but also in that which is to come.
--- Ephesians 1:19-21 ... NKJV

¹⁰ Finally, my brethren, be strong in the Lord and in the power of His might. ¹¹ Put on the whole armor of God, that you may be able to stand against the wiles of the devil. ¹² For we do not **wrestle against** flesh and blood, but **against principalities**, **against powers**, **against the rulers of the darkness of this age**, **against spiritual hosts of wickedness in the heavenly places**.

¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

--- Ephesians 6:10-13 ... NKJV

Wrestling: Hand to Hand Combat

- **Satan - Lucifer - The Devil**
 - A Defeated Foe

⁷ And war broke out in heaven: Michael and his angels fought with the dragon; and the dragon and his angels fought, ⁸ but they did not prevail, nor was a place found for them in heaven any longer. ⁹ So the great dragon was cast out, that serpent of old, called the Devil and Satan, who deceives the whole world; he was cast to the earth, and his angels were cast out with him. --- Revelation 12:7-9 ... NKJV

OTHER REFERENCES: Isaiah 14; Ezekiel 28

¹⁰ Finally, my brethren, be strong in the Lord and in the power of His might. ¹¹ Put on the whole armor of God, **that you may be able to stand against the wiles of the devil.** ¹² For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

--- Ephesians 6:10-13 ... NKJV

Wrestling: Hand to Hand Combat

- Area of Attack - *Enemy Targets*

- Where do you think the Devil will try to attack us?

- The Areas God's Armor provides protection

- | | |
|----------|------------------------------------|
| • Spirit | Sword ... Study of the Word of God |
| • Mind | Helmet of Salvation |
| • Heart | Breastplate of Righteousness |
| • Faith | Shield ... Please God |
| • Peace | Shoes of Preparation of the Gospel |
| • Truth | Belt upon which all elements hang |

⁸ Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he **may** devour.

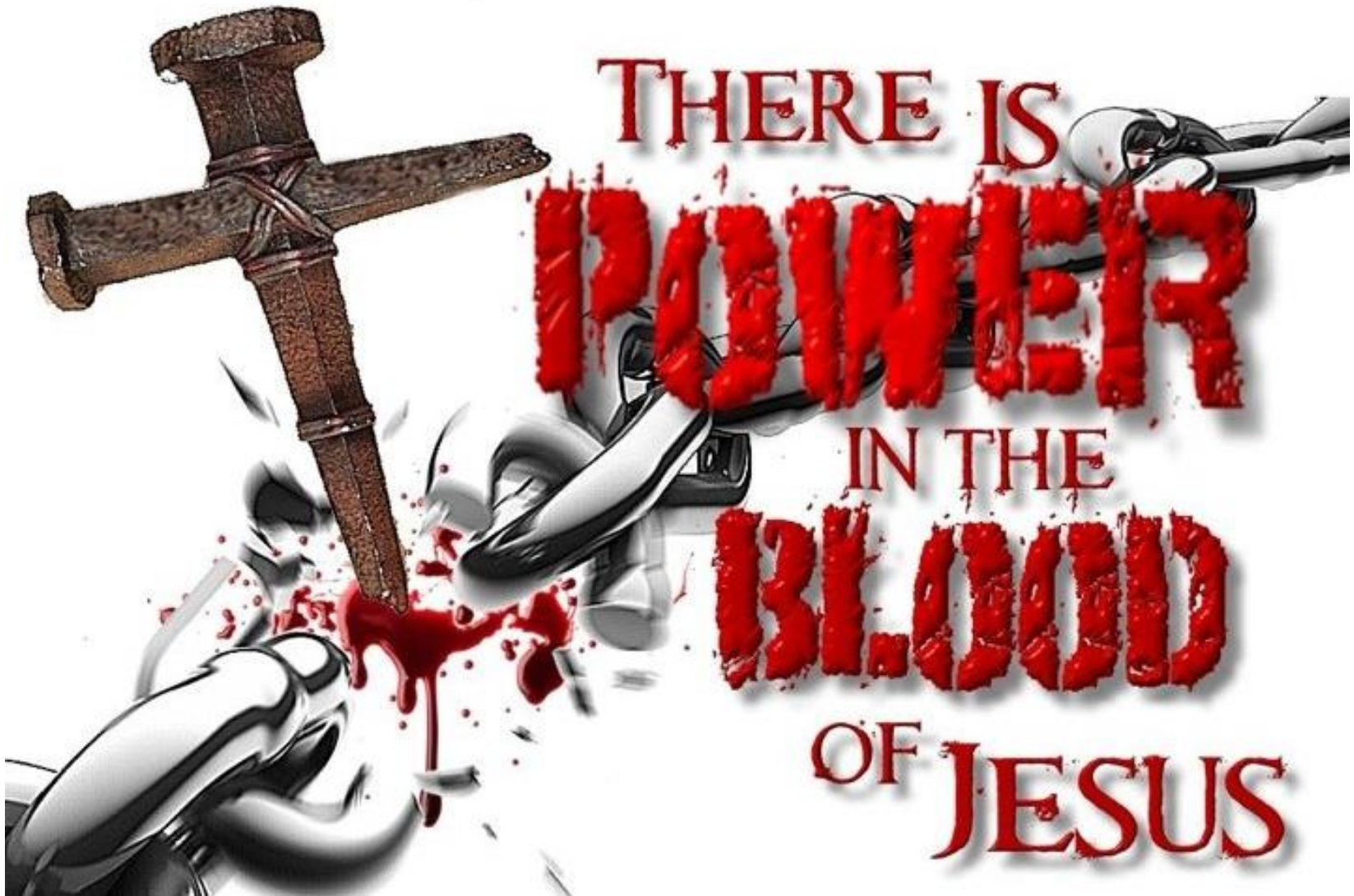
--- 1 Peter 5:8 ... NKJV

The Wiles of the Devil

like a roaring lion seeking whom he may devour



Wrestling: Hand to Hand Combat



Lesson 06 - Outline

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- **Lesson 06: Engagement: WRESTLING WITH THE ENEMY**

- ✓ **SCRIPTURAL CONTEXT**

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- ➡ - **Jesus Our Victorious Example** - **THE TEMPTATIONS OF CHRIST**
- Training for Battle - **PREPARE FOR VICTORY**

Jesus Our Victorious Example

- Three Temptations of Christ
 - Greatest sword fight of all time
 - Satan misquoting scripture
 - Jesus counters with scripture

• Matthew 4:1-11

1st

Temptation

The Lust of the Flesh

4 Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² And when He had fasted forty days and forty nights, afterward He was hungry. ³ Now when the tempter came to Him, he said, "If You are the Son of God, command that these stones become bread."

⁴ But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"

--- Matthew 4:1-11 ... NKJV

Jesus Our Victorious Example

- Three Temptations of Christ
 - Greatest sword fight of all time
 - Satan misquoting scripture
 - Jesus counters with scripture

• Matthew 4:1-11



2nd
Temptation

The Lust of the Eyes

⁵ Then the devil took Him up into the holy city, set Him on the pinnacle of the temple, ⁶ and said to Him, "If You are the Son of God, throw Yourself down. For it is written:

'He shall give His angels charge over you,'

and,

'In *their* hands they shall bear you up,

Lest you dash your foot against a stone.'"

⁷ Jesus said to him, "It is written again, 'You shall not tempt the LORD your God.'"

--- Matthew 4:1-11 ... NKJV

Jesus Our Victorious Example

- Three Temptations of Christ
 - Greatest sword fight of all time
 - Satan misquoting scripture
 - Jesus counters with scripture
 - **Matthew 4:1-11**

3rd

Temptation

The Pride of Life

⁸ Again, the devil took Him up on an exceedingly high mountain, and showed Him all the kingdoms of the world and their glory. ⁹ **And he said to Him, "All these things I will give You if You will fall down and worship me."**

¹⁰ **Then Jesus said to him, "Away with you, Satan! For it is written, 'You shall worship the LORD your God, and Him only you shall serve.'"**

¹¹ Then the devil left Him, and behold, angels came and ministered to Him.

--- Matthew 4:1-11 ... NKJV

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Training: Prepare for Victory

- Training for Battle

- When do we train for battle?

- Before the Battle Begins

- How do we train for battle?

- Pray Always in the Spirit
 - **Philippians 4:6-8**
 - Read and Study the Word
 - Live a Transformed Life

⁶ Be anxious for nothing, but in everything by **prayer** and **supplication**, with **thanksgiving**, let your **requests** be made known to God; ⁷ and the **peace** of God, which surpasses all understanding, will **guard** your **hearts** and **minds** through Christ Jesus. --- Philippians 4:6-8 ... NKJV

Training: Prepare for Victory

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- When do we train for battle?

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- How do we train for battle?

- Pray Always in the Spirit
 - Read and Study the Word
 - 2 Timothy 3:16-17
 - Live a Transformed Life

16 All Scripture *is* given by inspiration of God, and ***is profitable*** for doctrine, for reproof, for correction, for instruction in righteousness, **17** that the **man of God** may be **complete, thoroughly equipped for every good work.**
--- 2 Timothy 3:16-17 ... NKJV

Training: Prepare for Victory

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- Romans 12:1-2

12 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, *which is* your reasonable service. ² **And do not be conformed to this world, but be transformed by the renewing of your mind,** that you may prove what *is* that good and acceptable and perfect will of God.

--- Romans 12:1-2 ... NKJV

Training: Prepare for Victory

• Traits of a Transformed Life

- Put Away Lying
 - Ephesians 4:25
- Speak Truth with Your Neighbor
 - Ephesians 4:25
- Be Angry and Sin Not
 - Ephesians 4:26
- Give No Place to the Devil
 - Ephesians 4:27
- Let Him Who Stole Steal No More
 - Ephesians 4:28

²⁵ Therefore, **putting away lying**, "*Let each one of you speak truth with his neighbor,*" for we are members of one another. ²⁶ "Be angry, and do not sin": do not let the sun go down on your wrath, ²⁷ nor give place to the devil. ²⁸ Let him who stole steal no longer, but rather let him labor, working with *his* hands what is good, that he may have something to give him who has need.

--- Ephesians 4:25-28 ... NKJV

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--- Ephesians 4:25-28 ... NKJV

Training: Prepare for Victory

• Traits of a Transformed Life

- Let No corrupt communication
Process Out of Your Mouth
 - **Ephesians 4:29**
- Grieve Not the Holy Spirit
 - **Ephesians 4:30**
- Let All Bitterness, Wrath, Anger,
Clamor, Evil Speaking, and Malice
be Put away from You
 - **Ephesians 4:31**
- Be Kind to One Another
 - **Ephesians 4:32**
- Be Tenderhearted
 - **Ephesians 4:32**
- Forgive One Another
 - **Ephesians 4:32**

29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. **30** And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. **31** Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. **32** And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.


--- Ephesians 4:29-32 ... NKJV

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- Let All Bitterness, Wrath, Anger,
Clamor, Evil Speaking, and Malice
be Put away from You
 - Ephesians 4:31
- Be Kind to One Another

- Ephesians 4:32


- Be Tenderhearted
 - Ephesians 4:32
- Forgive One Another
 - Ephesians 4:32

²⁹ Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. ³⁰ And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹ Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. ³² And **be kind to one another**, tenderhearted, forgiving one another, even as God in Christ forgave you.

--- Ephesians 4:29-32 ... NKJV

Training: Prepare for Victory

• Traits of a Transformed Life

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*Have I not
commanded you
Be strong and
courageous.
Do not be
afraid; do not
be discouraged,
for the Lord your
God will be with
you wherever you go.*

JOSHUA 1:9


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Armed for Battle: BELT OF TRUTH

Next Week's Lesson

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▪ **Spiritual Warfare: Full Armor of God**

- Lesson 01: Prepare for Battle: BACKGROUND INFORMATION
- Lesson 02: Nature of the Battle: SPIRITUAL WARFARE
- Lesson 03: The Battlefield: THE INVISIBLE WAR
- Lesson 04: Strategic Planning: BE STRONG IN THE LORD
- Lesson 05: Enemy Tactics: SCHEMES OF THE DEVIL
- Lesson 06: Engagement: WRESTLING WITH THE ENEMY
- Lesson 07: Armed for Battle: BELT OF TRUTH
- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS
- Lesson 09: Armed for Battle: SHOES OF PEACE
- Lesson 10: Armed for Battle: SHIELD OF FAITH
- Lesson 11: Armed for Battle: HELMET OF SALVATION
- Lesson 12: Armed for Battle: SWORD OF THE SPIRIT
- Lesson 13: Sustained C³I: PRAYING ALWAYS

