Spiritual Warfare

Full Armor of God



Lesson 11

Armed for BattleHelmet of Salvation

Ephesians 6:10-18

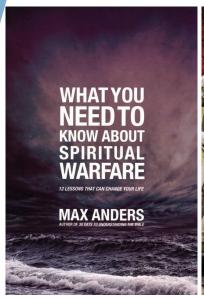
Philip Giorgio

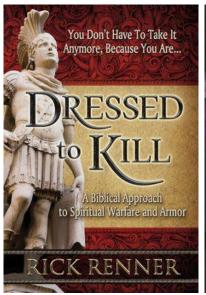
Sojourners Sunday School Class

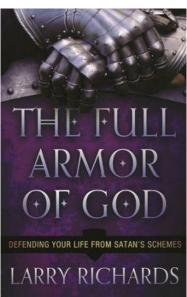




References



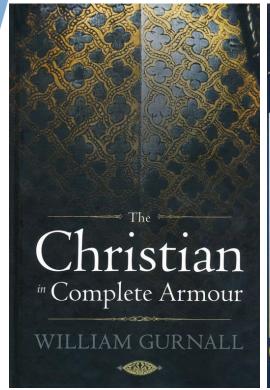


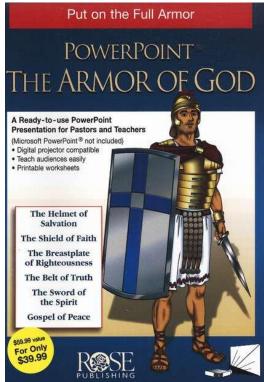






References











The WHOLE ARMOR of GOD



SPIRITUAL WARFARE

ARE YOU READY FOR BATTLE?





Course Outline

Course Outline - Lessons



Spiritual Warfare: Full Armor of God

- Lesson 01: Prepare for Battle: BACKGROUND INFORMATION
- Lesson 02: Nature of the Battle: Spiritual Warfare
- Lesson 03: The Battlefield: THE INVISIBLE WAR
- Lesson 04: Strategic Planning: BE STRONG IN THE LORD
- Lesson 05: Enemy Tactics: SCHEMES OF THE DEVIL
- Lesson 06: Engagement: WRESTLING WITH THE ENEMY
- Lesson 07: Armed for Battle: BELT OF TRUTH
- Lesson 08: Armed for Battle: BREASTPLATE OF RIGHTEOUSNESS
- Lesson 09: Armed for Battle: SHOES OF PEACE
- Lesson 10: Armed for Battle: SHIELD OF FAITH
- Lesson 11: Armed for Battle: HELMET OF SALVATION
- Lesson 12: Armed for Battle: SWORD OF THE SPIRIT
- Lesson 13: Sustained C³I: PRAYING ALWAYS

Course Outline - Lessons



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- Lesson 13: Sustained C³I: PRAYING ALWAYS





Lesson Outline

Lesson 11 - Outline



Spiritual Warfare: Full Armor of God

- Lesson 11: Armed for Battle: HELMET OF SALVATION
 - ✓ SCRIPTURAL CONTEXT
 - Main Scripture Text Ephesians 6:10-18
 - √ So GREAT A SALVATION
 - Helmet of Salvation IDIOM EXPLAINED
 - Salvation Past, Present and Future
 - God's Role in Salvation Ephesians 1







Armed for Battle: HELMET OF SALVATION Scriptural Context

Lesson 11 - Outline



Spiritual Warfare: Full Armor of God

- Lesson 11: Armed for Battle: HELMET OF SALVATION
 - **✓ SCRIPTURAL CONTEXT**



- Main Scripture Text - Ephesians 6:10-18

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Main Scriptural Text: The Whole Armor of God



THE WHOLE ARMOR OF GOD

EPHESIANS 6:10-18

10 Finally, my brethren, be strong in the Lord and in the power of His might. 11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, 15 and having shod your feet with the preparation of the gospel of peace; 16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God; 18 praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints— ... NKJV

Spiritual Warfare --- Review



Our Strategic Plan: Be Strong in the Lord

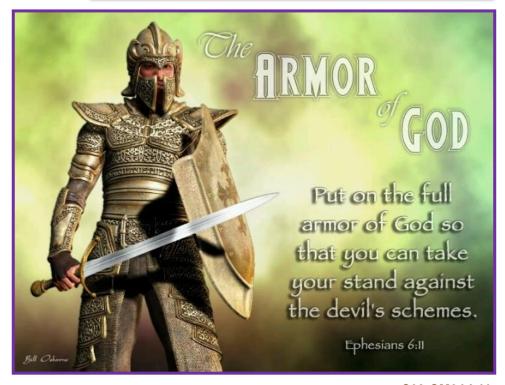
- Rely on the strength of the Lord
 ✓ Not our own strength
- Rely on the power of the Lord
 - ✓ Not our own power
- Our victory is assured
 ✓ IF we rely on the Lord
- "Put on" and "Take up"
 - √ The full armor of God

Enemy Tactics:

- Deceit
- "Be not deceived"

10 Finally, my brethren, be strong in the Lord and in the power of His might.

--- Ephesians 6:10 ... NKJV



Spiritual Warfare --- Review



Armor Elements & Spiritual Truth

ELEMENT	RESOURCE	Review
Belt	Truth	All body armor hinges to the Belt; Jesus is the Truth; Holy Spirit of Truth
Breastplate	RIGHTEOUSNESS	Breastplate protects the heart - the seat of affections; God's righteousness is imputed;
Shoes	GOSPEL OF PEACE	Shoes protect the legs and feet; Shoes provide stability; Gospel of peace provides confidence in God's promises. Gospel of peace provides security in our reconciliation.
Shield	FAITH	Shield was the maneuverable part of the armor. Believer's Shield capable of quenching ALL the fiery darts. Shield can be used in unison.
Helmet	SALVATION	COVERED IN THIS LESSON
Sword	THE SPIRIT	
Comms Gear	PRAYING ALWAYS	





(See Ephesians 6:11-18.)





Armed for Battle:

HELMET OF SALVATION

Guard Your Mind

Lesson 11 - Outline



Spiritual Warfare: Full Armor of God

- Lesson 11: Armed for Battle: HELMET OF SALVATION
 - **✓ SCRIPTURAL CONTEXT**
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 - √ So Great a Salvation



- Helmet of Salvation IDIOM EXPLAINED
- Salvation Past, Present and Future
- God's Role in Salvation Ephesians 1





17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Take the helmet ...
 - The command is for you to take the helmet
 ... God will not put it on your head for you!



⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

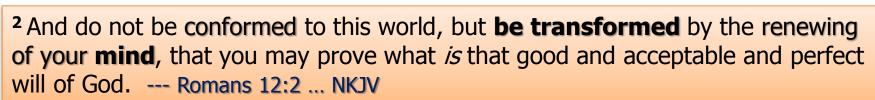
--- Philippians 4:6-7 ... NKJV





17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Purpose of taking the helmet...
 - To protect the head from enemy attacks.
- The Helmet of Salvation
 - Protection for the Mind
 - The mind control center for the body.
 - Center of thoughts and beliefs.
 - Protection from ...
 - The enemy's schemes (lies) is rooted in an understanding of Salvation itself.
 - Commanded to Renew your Mind Rom 12:2







17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

Galea (\'gā-lē-ə\) ... Helmet

The Latin word for *helmet*

The Roman soldier's helmet was fashioned from bronze or iron.

Two cheek-pieces protected the sides of the soldier's face.

For the sake of comfort, soldiers frequently lined their helmets with sponge or felt.

At the time of Christ, a crest with a plume of horse's hair was placed on top of Roman helmets.





17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

Galea (\'gā-lē-ə\) ... Helmet

The Roman soldier's helmet protected his skull and neck from his enemy's weapons and falling debris.

In earlier times, the purpose of the plume was to make soldiers appear taller and more imposing.

By AD 60, the centurions' plumes were dyed various colors to allow soldiers to distinguish quickly between the ranks of different officers.





17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

Galea (\'gā-lē-ə\) ... Helmet

A *centurion* was a Roman military officer who commanded approximately **100** soldiers, although the exact number could range from **60** to **160**.

A *Roman legion* normally indicates the basic ancient Roman army unit recruited specifically from Roman citizens. The organization of legions varied greatly over time but they were typically composed of **up to 5,400** soldiers.





17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

Galea (\'gā-lē-ə\) ... Helmet

There is some evidence that legionaries had their crests mounted longitudinally and centurions had them mounted





Legionaries

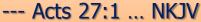


17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

Galea (\'gā-lē-ə\) ... Helmet

The New Testament mentions two centurions, Cornelius and Julius, by name (Acts 10:1-22; 27:1).

27 And when it was decided that we should sail to Italy, they delivered Paul and some other prisoners to *one* named Julius, a centurion of the Augustan Regiment.







Lesson 11 - Outline



Spiritual Warfare: Full Armor of God

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 - **✓ SCRIPTURAL CONTEXT**
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 - √ So GREAT A SALVATION
 - Helmet of Salvation IDIOM EXPLAINED



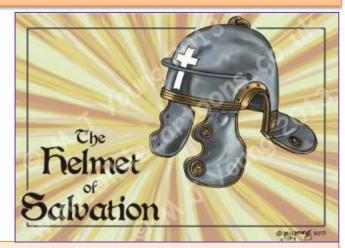
- Salvation PAST, PRESENT AND FUTURE
- God's Role in Salvation Ephesians 1



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- What does "Salvation" mean?
 - Deliverance from the power and penalty of sin; redemption.
- How is Salvation attained?
 - By grace, through faith

*For by grace you have been **saved** through **faith**, and that **not** of yourselves; *it is* the gift of God, not of works, lest anyone should boast.
--- Ephesians 2:8-9 ... NKJV



12 Nor is there salvation in any other, for there is no other **name** under heaven given among men by which we must be **saved**."

--- Acts 12:4 ... NKJV

¹⁶ For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. ¹⁷ For God did not send His Son into the world to condemn the world, but that the world through Him might be **saved**. --- John 3:16-17 ... NKJV

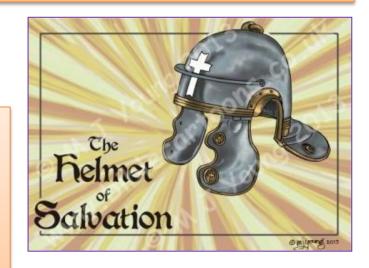


17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Hope of Salvation
 - Through our LORD Jesus Christ

⁸ But let us who are of the day be sober, putting on the breastplate of faith and love, and *as* a helmet the hope of **salvation**. ⁹ For God did not appoint us to wrath, but to obtain **salvation** through our Lord Jesus Christ, ¹⁰ who died for us, that whether we wake or sleep, we should live together with Him.

--- 1 Thessalonians 5:8-10

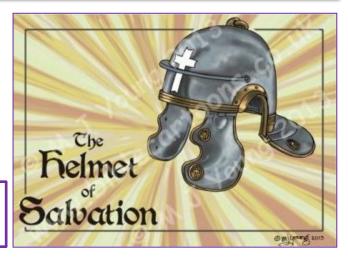




17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Salvation 2 Events & 1 Process
 - Event 1: Born Again (John 3)
 - Process: Sanctification (Phil 2:12-13)
 - · Live a righteous sanctified life

¹⁶ because it is written, "Be holy, for I am holy."
...1 Peter 1:16 ... NKJV



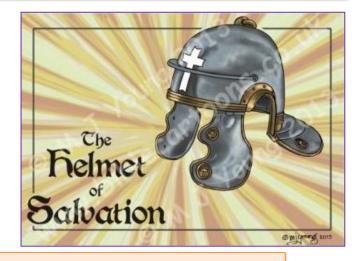
- Event 2: Glorification
 - 1 Corinthians 15:50-53

always obeyed, not as in my presence only, but now much more in my absence, work out your own **salvation** with fear and trembling; ¹³ for it is God who works in you both to will and to do for *His* good pleasure. --- Philippians 2:12-13 ... NKJV



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Salvation 2 Events & 1 Process
 - Event 1: Born Again (John 3)
 - Process: Sanctification (Phil 2:12-13)
 - Event 2: Glorification
 - 1 Corinthians 15:50-53



Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; nor does corruption inherit incorruption. ⁵¹ Behold, I tell you a mystery: We shall not all sleep, but we shall all be changed— ⁵² in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed. ⁵³ For this corruptible must put on incorruption, and this mortal *must* put on immortality.

--- 1 Corinthians 15:50-53 ... NKJV



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Salvation Past, Present, Future
 - Past:
 - Ephesians 2:8-9
 - At some time in the past you were forgiven and cleansed of your sins.
 - You were justified declared righteous by God
 - PAST SALVATION delivered us from the PENALTY OF SIN.

⁸ For by grace you **have been saved** through faith, and that not of yourselves; *it is* the gift of God,⁹ not of works, lest anyone should boast.

--- Ephesians 2:8-9 ... NKJV



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Salvation Past, Present, Future
 - Present:
 - 1 Corinthians 1:18
 - You are being freed more and more from the power of sin in your everyday lives.
 - As you live in faithful obedience to God, He liberates you from the power and bondage of sin.
 - PRESENT SALVATION delivered us from the POWER OF SIN.

¹⁸ For the message of the cross is foolishness to those who are perishing, but to us who **are being saved** it is the power of God.

--- 1 Corinthians 1:18 ... NKJV



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

- Salvation Past, Present, Future
 - Future:
 - Hebrews 9:27-28
 - When Christ comes again, He will deliver us to our final salvation, and we will go to heaven.
 - Looking forward to our ultimate redemption, we have hope in this life that strengthens us to endure life's difficulties.
 - FUTURE SALVATION delivered us from the PRESENCE OF SIN.

²⁷ And as it is appointed for men to die once, but **after this** the judgment, ²⁸ so Christ was offered once to bear the sins of many. To those who eagerly wait for Him **He will appear** a second time, apart from sin, for **salvation**.

--- Hebrews 9:27-28 ... NKJV

Lesson 11 - Outline



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God's Role in Salvation - EPHESIANS 1

God's Role in Salvation - Ephesians 1



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

Child of the King

In Ephesians 1 Paul write about the role of the Trinity (Father, Son, Holy Spirit) in providing you with Salvation.

The God who shaped you at your birth has known and loved you from eternity past.

You are a child of the King, blessed, chosen and adopted into God's family.

You are His forever - through eternity future!



God's Role in Salvation - Ephesians 1



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Father's Contribution

"blessed us in the heavenly places" ... Ephesians 1:3

The heavenly places are from where the forces of evil launch their attacks (6:12)

Blessed in these places, we are guarded against the supernatural attacks of evil.

³ Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly *places* in Christ, ⁴ just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵ having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will,

God's Role in Salvation - Ephesians 1



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Father's Contribution

"blessed us in the heavenly places" ... Ephesians 1:3

Because of you relationship with Christ there is not a single spiritual blessing that you do not have.

Satan's Lie: 'There is no use trying"

God's Truth: You have all the spiritual resources you need to achieve great things.

³ Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, 4 just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵ having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Father's Contribution

"chose us in Him"

... Ephesians 1:4

Before the universe was created, God looked ahead and picked you out to be His child.

Satan's Lie: 'No one could ever love you"

God's Truth: God loved you long before you were born, and will continue to love you forever.

³ Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly *places* in Christ, ⁴ just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵ having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Father's Contribution

"should be holy"

... Ephesians 1:4

You were chosen to be holy and blameless before Him in love.

Satan's Lie: 'You'll never amount to anything"

God's Truth: Throughout eternity, you will reflect the very holiness of God, and that even now you are becoming more and more like Jesus.

³ Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, 4 just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵ having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Father's Contribution

"according to the good pleasure"
... Ephesians 1:4

If you wonder why God the Father did all this for you, this phrase tells us.

He blessed, chose and adopted you simply because He wanted to.

God the Father loves you (John 3:16).

This love is not based on anything that you have done or have not done, or even anything you will do.

³ Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly *places* in Christ, ⁴ just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵ having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Son's Contribution

"made us accepted in the Beloved" ... Ephesians 1:6

Grace emphasizes the fact that Jesus came even through you and I did not deserve to be saved.

Made us accepted reminds us that there is nothing you or I can ever do to repay Christ for His sacrifice.

Beloved is a reminder of how much it cost God to bring you into His family.

6 to the praise of the glory of His grace, by which He made us accepted in the Beloved.
7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace 8 which He made to abound toward us in all wisdom and prudence,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Son's Contribution

"we have redemption"

... Ephesians 1:7

Redemption is an important theological term that means to pay the price necessary to free someone from imminent threat or danger.

Jesus' own life was the price He paid to free you from being condemned for your sins.

Jesus died on the cross that you might live with Him forever.

6 to the praise of the glory of His grace, by which He made us accepted in the Beloved.
7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace 8 which He made to abound toward us in all wisdom and prudence,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Son's Contribution

"forgiveness of sins"

... Ephesians 1:7

Because Jesus died in your place, all your sins - past, present and future - are forgiven.

God accepts your trust in Jesus in place of the righteousness none of us has.

The Great Exchange ... 2 Corinthians 5:21

²¹ For He made Him who knew no sin *to be* sin for us, that we might become the righteousness of God in Him.

6 to the praise of the glory of His grace, by which He made us accepted in the Beloved.
7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace 8 which He made to abound toward us in all wisdom and prudence,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Son's Contribution

"riches of His grace"
... Ephesians 1:8

There is no end to God's favor.

All the riches of God's grace are being poured out on you, now and forever.

6 to the praise of the glory of His grace, by which He made us accepted in the Beloved. 7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace 8 which He made to abound toward us in all wisdom and prudence,



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Son's Contribution

"all things in heaven and on earth"
... Ephesians 1:9-11

All God's purposes will be fulfilled.

You will understand just where you fit into God's grand plan and purpose.

⁹ having made known to us the mystery of His will, according to His good pleasure which He purposed in Himself, 10 that in the dispensation of the fullness of the times He might gather together in one all things in Christ, both which are in heaven and which are on earth—in Him. ¹¹ In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will, 12 that we who first trusted in Christ should be to the praise of His glory.



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Son's Contribution

"to the praise of His glory" ... Ephesians 1:12

Satan's Lie: "Your life is meaningless."

God's Truth: Throughout eternity you will glorify God.

The Westminster Catechism asks, "What is the chief end of man?"

The answer? "To glorify God and to enjoy Him forever."

This is your destiny. You will glorify God. You will enjoy Him forever.

⁹ having made known to us the mystery of His will, according to His good pleasure which He purposed in Himself, ¹⁰ that in the dispensation of the fullness of the times He might gather together in one all things in Christ, both which are in heaven and which are on earth—in Him. ¹¹ In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will, 12 that we who first trusted in Christ should be to the praise of His glory.



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Holy Spirit's Contribution

"you were sealed"
... Ephesians 1:13

The seal is the Holy Spirit Himself, who came into your life when you believed (1 Corinthians 12:13).

13 For by one Spirit we were all baptized into one body—whether Jews or Greeks, whether slaves or free—and have all been made to drink into one Spirit.

First century wax seal was used on documents to provide (1) **Security** (2) **Ownership** (3) **Certified as Genuine**.

13 In Him you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, 14 who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Holy Spirit's Contribution

"you were sealed"

... Ephesians 1:13

- (1) **Security**: The presence of the Holy Spirit in your life assures you that you are safe in God's loving hands.
- (2) **Ownership**: His presence is proof that you belong to God.
- (3) **Certified as Genuine**: His presence in your life certifies that you are a genuine Christian.

13 In Him you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, 14 who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.



17 And take the helmet of salvation, --- Ephesians 6:17A ... NKJV

The Holy Spirit's Contribution

"guarantee of your inheritance"
... Ephesians 1:14

Jesus has redeemed you, paying the price to free you from the penalty of sin.

The Holy Spirit is God's personal guarantee that when Jesus returns the transaction will be completed, and you will be freed from the slightest taint of sin.

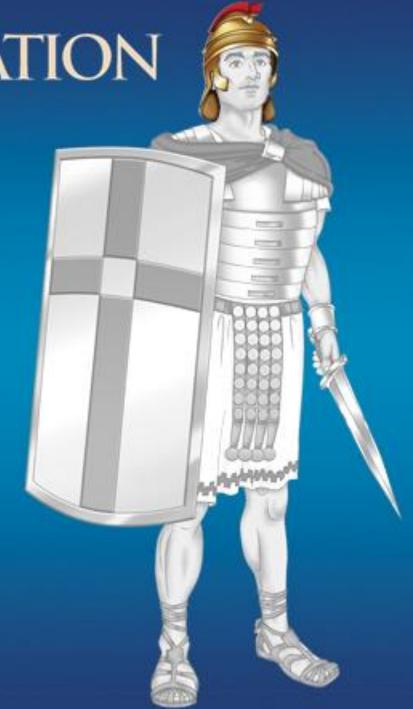
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HELMET OF SALVATION

Take the helmet of salvation
—Ephesians 6:17

SUMMARY

- Helmet is fitted for the protection of the head and mind.
- Protection from the enemy's schemes (lies) is rooted in an understanding of Salvation itself.
- All three members of the Trinity contribute to your salvation.







Armed for Battle:

SWORD OF THE SPIRIT

Next Week's Lesson

Next Week's Lesson



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